



# PACKING LIST AND KIT HIRE FOR WINTER



  
**AURORA**  
NIGHTS

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## WINTER KIT PACKING LIST

Some of your activity providers may provide you with an all-in-one warm suit to wear over your own clothing. However, when travelling to cold climates, you will need to take a full winter kit with you.

Here is our recommendation for winter kit layers:

### **First Layer:**

This should be designed to absorb the body's moisture and has to be made of synthetic material or wool (not cotton). Merino wool is a good option. Thermal long pants, trousers, vests, and long-sleeved tops are a must-have.

### **Second Layer:**

This should be a single layer or several thinner layers, with each layer fitting over the next one without restricting your movement. Fleeces, wool, and other insulating materials will work well. If you get too warm, you can always take a layer off. We suggest wearing microfleece and/or woollen jumpers and warm trousers.

### **Outer Layer:**

This is the thickest layer and must be wind and waterproof. We recommend wearing hooded jackets, waterproof trousers, mittens/gloves, hats, and scarves. Good quality winter clothing with thick insulation is a good starting point. Waterproof boots like hiking or snow boots and good socks are important.

Hand warmers can be useful to keep in your pockets when you are out searching for the Northern lights!!